

ANTICHOLINERGIC ALERT

_____ has received a prescription for _____. This medication is potentially inappropriate for use in older persons due to its anticholinergic effects.

Symptoms of anticholinergic effects include:

- Blurred vision
- Constipation
- Drowsiness or sedation
- Dry lips, mouth, or throat, which may lead to speech difficulties, trouble with dentures, and chewing and swallowing problems
- Rapid heart rate
- Trouble urinating or emptying bladder
- Confusion, disorientation
- Dizziness when standing from bed or chair
- Fever
- Nausea
- Nervousness, agitation, or anxiety
- Reddening of the face (flushing)
- Weakness
- Memory impairment
- Hallucinations and delirium

Medications with anticholinergic effects may also cause, aggravate, or contribute to the following geriatric problems:

Delirium	Communication	Behavioral Symptoms
Cognitive	ADLs	Falls
Loss/Dementia	Urinary Incontinence	Dental Care
Visual Function	Mood State	

Anticholinergic side effects may be more likely or more severe if the older person is receiving several medications with anticholinergic effects. **This person is receiving the following medication(s), which also have anticholinergic effects:**

- | | | |
|---|--|---|
| <input type="checkbox"/> amitriptyline (Elavil) | <input type="checkbox"/> diphenhydramine (Benadryl/Banophen) | <input type="checkbox"/> orphenadrine (Norflex) |
| <input type="checkbox"/> amoxapine (Asendin) | <input type="checkbox"/> disopyramide (Norpace) | <input type="checkbox"/> oxybutynin (Ditropan) |
| <input type="checkbox"/> belladonna alkaloids | <input type="checkbox"/> doxepin (Sinequan) | <input type="checkbox"/> procainamide (Pronestyl) |
| <input type="checkbox"/> benztropine | <input type="checkbox"/> ethopropazine | <input type="checkbox"/> prochlorperazine (Compazine) |
| <input type="checkbox"/> biperiden | <input type="checkbox"/> flavoxate (Urispas) | <input type="checkbox"/> procyclidine |
| <input type="checkbox"/> chlorpheniramine | <input type="checkbox"/> fluphenazine (Stelazine) | <input type="checkbox"/> promethazine (Phenergan) |
| <input type="checkbox"/> chlorpromazine (Thorazine) | <input type="checkbox"/> hydroxyzine (Atarax/Vistaril) | <input type="checkbox"/> propantheline |
| <input type="checkbox"/> clindinium | <input type="checkbox"/> hyoscyamine | <input type="checkbox"/> protriptyline (Vivactil) |
| <input type="checkbox"/> clomipramine (Anafranil) | <input type="checkbox"/> imipramine (Tofranil) | <input type="checkbox"/> quinidine |
| <input type="checkbox"/> clozapine (Clozaril) | <input type="checkbox"/> Lomotil | <input type="checkbox"/> thioridazine (Mellaril) |
| <input type="checkbox"/> cyclizine (Marezine) | <input type="checkbox"/> maprotiline (Ludiomil) | <input type="checkbox"/> thiothixene (Navane) |
| <input type="checkbox"/> cyclobenzaprine (Flexeril) | <input type="checkbox"/> meclizine (Antivert), | <input type="checkbox"/> trihexyphenidyl |
| <input type="checkbox"/> cyproheptadine (Periactin) | <input type="checkbox"/> metaxalone (Skelaxin) | <input type="checkbox"/> trimethobenzamide (Tigan) |
| <input type="checkbox"/> dicyclomine (Bentyl) | <input type="checkbox"/> nortriptyline (Pamelor) | <input type="checkbox"/> trimipramine (Surmontil) |

RECOMMENDATION

1. Observe for signs of anticholinergic side effects.
2. Notify physician if any of the symptoms of anticholinergic effects occur.

If you have any questions, please contact_____.